



## Proud 2 b Parents: What's App Group Rules

Proud 2 b Parents have created various What's App groups to help LGBT+ parents/carers meet and stay in touch with each other. You can use these groups to chat, share information, recommendations, and advice - and arrange your own meet-ups outside of P2bP events! You can join one or more of these groups. It will depend on which ones are relevant to you.

### List of Groups:

1. **P2bP Midweek Meets:** For parents/carers who are free to meet up Mon-Fri
2. **P2bP Weekenders:** For parents/carers who are free to meet up at weekends
3. **P2bP QTIPOC Parents/Carers:** For parents and carers who are People of Colour, and those who experience racism
4. **P2bP Bi+ Parents/Carers:** For parents and carers who are bisexual, pansexual or any other sexual orientation that falls under the Bi+ umbrella. Or any other sexual orientation.
5. **P2bP Trans and Nonbinary Parents/Carers:** For those who identify as Trans, NB, Genderqueer or any other identity that falls under the Trans umbrella.
6. **P2bP Proud:** For single, solo, or co-parents and carers within the P2bP community
7. **P2bP GBT+ 'Dads/Carers':** For gay, bi+, trans and queer dads, daddys, papas, male carers or similar parental label with children of any age.
8. **P2bP Parents/Carers of Over 8s:** For parents and carers with older children, who either already attend our youth group or would like to join
9. **P2bP Families through Adoption:** A dedicated space for parents and children to meet other families through adoption
10. **P2bP Parents of Children with SEND:** either diagnosed or on the pathway to assessment

### How to Join

Please message our Community Engagement Worker Lizzie (They/them) on 07871633853. They will message you and add you to the group or groups as soon as possible. This may take up to 1-2 days depending on when they are working.

If you have not been to a Proud 2 b Parents event before, we may ask to have a short phone call with you to check you are an LGBT+ parent or carer, or parent or carer to be, and ensure that you have registered with us.



## Good Practice and Guidelines

For these groups to stay fun, positive, safe and effective - there are group guidelines that every member must follow.

If you don't follow these, an admin will speak with you 1-1 to explain what has happened and remind you of the group guidelines. If you continue to break the rules you will be removed from the group.

We welcome feedback and if you'd like to suggest any changes or additions or these guidelines, please contact Lizzie, the Community Engagement Worker, on 07871633853 or email them on [lizzie@proud2bparents.co.uk](mailto:lizzie@proud2bparents.co.uk).

### Good practice:

- When replying to a specific comment from a person, please use the "reply" function to make sense of your comment and avoid confusion.
- Please don't send any voice notes in the groups.
- It's fine to offer or swap items or children's clothing in the groups, as well as to make recommendations or share events - but please don't post any spam, adverts or promote businesses etc. without admin approval.
- We will prompt people in the group to introduce themselves every 2 weeks - to save people from having to repeatedly post their welcome message and self-intro every time someone new joins the group! This will also help members get to know each other. It's completely optional!

### Guidelines:

1. By remaining in the group, you will be considered as having read, understood and agreed to these guidelines.
2. By joining one or more of the groups, you understand that your mobile number will be visible to everyone else in the group.
3. Be respectful and kind to each other.
4. You must not use any threatening, abusive, obscene, derogatory, biased, or hateful language. This includes but is not limited to:
  - a. Posts containing racist or anti-religious comments
  - b. Any kind of LGBT+phobia
  - c. Derogatory comments about someone's body size, age, or mental or physical health
  - d. Or any derogatory comments about any other characteristics of a person or their language or culture.



5. When engaging in discussions or debates, it's essential to focus on positively challenging the points made rather than the person presenting them.
6. If you'd like to start chatting with someone privately outside of the group, your first message must ask whether that's ok. If they say no, you must respect their wishes and not contact them outside of the What's App group.
7. Do not use the group to confront someone in a hostile manner, berate someone, or air personal grievances. If there is a problem please either speak to an Admin or speak directly with that person about the situation if possible.
8. If any problems or questions arise - please either tag an Admin (Lizzie or Matt) or message them privately if needed. While they will moderate the groups as best as they can, there might be times when they miss posts because it is their non-working hours, they are ill, or they are away from work - so your help in telling them about any problems, posts, or behaviour that breaks the guidelines is greatly appreciated.

### Privacy and Confidentiality

We want everyone in the group to feel comfortable and safe to share and talk about their lives, and their experiences as LGBT+ parents and carers. To enable this:

1. Do not take any screenshots of posts or conversations and share them outside of the group. Do not copy the text from anyone else's post and share it outside of the group or forward posts on to others.
2. If someone shares a photo in the group, you must not share it with anyone else or post it anywhere else.
3. It's ok to talk about things vaguely or generally, for example: "I'm in a What's App group and we've been sharing tips around baby sleep. One person suggested X, Y and Z."
4. But you must not share anything that can be considered private and personal or anything that could give someone else identifying information about a person. For example, sharing details about someone's medical treatment, or talking about "the parents of twins near Alexandra Park". The LGBT+ community can be small, and other people might learn enough to figure out who and what you're referring to.
5. If anyone is found to be sharing screenshots or photos from the group, or verbally sharing personal information or conversations with others, an Admin will ask them to leave the group.

**Thank you for reading. We hope you enjoy using our What's App groups and feel better connected to the LGBT+ parent/carer community. So chat, connect, and make this space yours!**