

INCLUDING LGBT+ PARENT / CARER FAMILIES

Supporting health professionals  proud

LGBT+ PARENTS/CARERS WILL HAVE GIVEN A LOT OF THOUGHT TO HAVING THEIR FAMILY, AND THEN TO THE NEEDS OF THEIR FAMILY. AS HEALTHCARE PROFESSIONALS WE CAN SUPPORT THEM BETTER BY BEING FULLY AWARE AND SENSITIVE TO THEIR NEEDS.



ONE IN SIX ADOPTIONS WERE TO LGBT+ PEOPLE IN ENGLAND IN 2019/20



THE NUMBER OF TRANS PREGNANCIES ARE INCREASING



LGBT+ PEOPLE HAVE AN INCREASED CHANCE OF POOR MENTAL HEALTH

THE NUMBER OF SAME-SEX COUPLES RECORDED AS LIVING TOGETHER IN THE UK ROSE BY MORE THAN 50% BETWEEN 2015-2018



AT LEAST 2 IN 5 OF THE 2019 NATIONAL LGBT SURVEY RESPONDENTS HAD EXPERIENCED LGBT RELATED INCIDENTS SUCH AS VERBAL HARASSMENT OR PHYSICAL VIOLENCE



ASK OPEN QUESTIONS



Ask open questions to find out about the family structure and route to parenthood. This should be done sensitively and with understanding.

'BIOLOGICAL PARENT'



Using inclusive terminology such as 'biological parent' will allow the parent/s (whether giving birth, donating sperm or adoptive parent) to address any relevant medical questions.

USE GENERIC TERMINOLOGY



Refrain from using language that presumes there is a second parent or that one of the partner(s) or parent(s) must be male or female.

JUST ASK



To show understanding ask the parent/s what terminology they would like to be used. Be aware that some of your parents may be trans* and therefore not appear physically as you presume them to.